

About Us

Mission Statement

Full Circle Treatment Center is changing lives; one teen, one family at a time, through early intervention and treatment of substance abuse.

Program Statement

FCTC is dedicated to reducing the harmful effects of adolescent substance abuse. Providing early intervention for these and other destructive behaviors supports healthy families and makes stronger communities. Providing parenting education and ongoing aftercare promotes sustained success.

Team

Erin Johansen, MS MFT

Executive Director Founder

Christy Crandell, Author

Administrative Director, Founder

Angela Chanter, PsyD.

Clinical Director

Founder

Terri Powell, BSW

Director of Training and Curriculum,

Founder

Lakshmi Avala MD

Medical Director

Robert Royer, MD

Medical Director, Back-Up

Jordan Sanders, MFT

Program Director

Shane Stamas, CADC

Adolescent Counselor

Julia Tkachuk, RN

Parent Project® Facilitator

Michele Stamas

Parent Project® Facilitator

Certified Montessori Instructor

BOARD OF DIRECTORS

501(C)3 Non-Profit Corporation

Joe Whalen, Board Chair

Sales Manager, CBS Broadcasting, Sacramento, CA

Todd Tkachuk, Vice Chair

Business Consultant, Roseville, CA

Lynn Van Camp, Treasurer

CPA Rocklin, CA

Kay Hanson, Secretary

RN Sutter Hospital, Roseville, CA

Laudon Rowen, MFT

Creekside Counseling, Rocklin, CA

Russ Cockrum

Business Owner, Lincoln, CA

Andy Smith

Principal, Folsom Cordova School District

Paul Stamas

CEO, Stamas Corp. Roseville, CA

Ashly Vicini

Sales Assistant, CBS Broadcasting, Sacramento, CA

Brandon Brodsky

CEO, Invision Recruiting, Lincoln, CA

Bridget Halvorson, Esq. Emeritus

CEO Food Service Insurance Managers, Loomis, CA

Parent Project®

&

Parent Project® Teen Classes

Empowering Parents

Transforming Teens

Information and Curriculum

The Parent Project® is an award winning national curriculum designed for parents of difficult and strong-willed adolescents.

- Parents learn to implement boundaries and apply consistent disciplinary interventions.
- Includes self-support groups in which parents work together to develop effective parenting strategies.

Topics include:

- Reducing family conflict
- Improving school performance
- Identifying and intervening with drug/alcohol abuse
- Interceding with negative peer associations
- Helping parents set effective applicable limits

Classes are held one night per week for 10 weeks & offered throughout the year.

Parents Learn PARENT PROJECT®

- How to effectively parent a teen in today's environment
- How to cope with the family challenges of teen destructive behaviors
- How to find support for themselves
- How to set boundaries
- How to actively supervise

TEENS LEARN PARENT PROJECT® TEEN *

Teens Learn:

- How to respect themselves and others
- How to live without using chemicals
- How to deal with emotions productively
- How to set and achieve goals
- How to manage anger, stress & depression
- How to cope with peer pressure
- How to have a healthy relationship

***Teens can only participate in this program if the parent is enrolled in Parent Project®**

Testimonials

issues that come up for my kids."

Nancy, Roseville

- ❖ *"Being on the same page as my husband." Gayle, Rocklin*
- ❖ *"Clear strategy for discipline, setting reasonable rules and enforcing reasonable consequences"*
David, Roseville

What has changed since you have been in the program?

- ❖ *"I am calmer because I know what to do and it is reassuring to have tools"*
Joy, Rocklin
- ❖ *"I have learned greater self-control and developing and having a plan and better boundaries"* Dave, Rocklin

